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## **Minutes**

### **Working Group on Preventive Activities**

**Sofia UEMO meeting, Hilton Hotel**  
**Friday october 31<sup>th</sup> 2008 Time: 14.30 – 16.15**

**Proposed actions by attendants are in blue**

**Chair: Fritz-Georg Fark**

**Rapporteur: Dr. Paul C.M. Habets, instead of Mrs. Dr Jettie Bont (NL)**

The meeting was attended by 15 delegates from 14 countries: *Finland, Germany, Sweden, Austria, Switzerland, The Netherlands, UK, Norway, Slovakia, Slovenia, Turkey, Portugal, Czech Republic and Belgium.*

#### **1. Opening.**

The chairman opened the meeting by thanking Ereik Bo Larssen for his enthusiastic and encouraging chairmanship of the WG for the last years. He offered him, as well as all the other attendants, a typical Swiss preventive present.

**2. The agenda (UEMO 2008/043)** was approved with one item added: the recent attendance of the Gastein Meeting by Dr. Reiner Brettenthaler (Austria).

**3. The minutes** from the meeting in Bergen june 6<sup>th</sup> 2008 were approved without correction. (UEMO 2007/022)

**4. Dissemination of the approved Paper "medicine's use in children and young people"** (UEMO Doc [2007/041 rev 2](#)) The chairman gave a brief oral report about the results of dissemination the paper. He only received a reaction from de European Pediatric Research Organization (Heike Rabe). Because of lack of representative addresses of most organizations it was difficult to distribute the paper.

**5. UEMO Response to EPs STOA Report and policy document on antibiotic resistance. follow up.** (UEMO Doc [2008/023](#), CPME [Info 2007-051](#), CPME Info [2007-181](#)). Ereik Bo Larssen reported about the contacts between UEMO and WONCA on this subject in advance to the Antibiotic Day, November 18<sup>th</sup> 2008. The contacts proved that more collaboration e.g. on the subject preventive healthcare should be in favor of a clearer and stronger position of GP/FD. However WONCA and UEMO did not reach a joint declaration on the subject there is a general awareness to inform each other on future preventive issues.

#### **6. Gastein Meeting (EU Health Forum / CPME)**

Dr. Reiner Brettenthaler (Austria) reported about his presentation on behalf of UEMO. He underlined the importance of GP involvement in effective preventive healthcare. He reported that afterwards the audience seems to have broader acceptance about the role of GP/FM. There was a brief discussion among de WG-members if 'knowing the number of blood sugar, tension and cholesterol' should be the best way to motivate all patients to contact their GP for preventive healthcare. Luiz Miguel Santiago mentioned a recent article about the subject in The Lancet (vol. 372, October 18<sup>th</sup> 2008 by Sahnun Rawaf and Barbara Starfield) PESCE, HELENA : at this moment no news was reported.

#### **7. Final discussion and approval of the revised paper "The UEMO Statement on Family Violence".** (UEMO Doc [2008/005 rev 2](#))

Nena Kopcavar Gucek presented the substantially condensed paper and thanked Iona Heath for her help. Another discussion followed, especially on the purpose of the paper. The aim is that UEMO General Assembly by adopting the paper can give a strong support to increase awareness among GP's and there national representative organizations that there is a significant role the GP might play in signaling FV. The paper can be used as a 'awareness paper of FV' as well does it give some simple tools to makes signaling of FV work.

#### **8. Discussion of the draft paper "Quaternary prevention-Disease Mongering"** (Luiz Miguel Santiago, UEMO Doc [2008/040](#))

Because of the different issues arising from over-treatment the purpose of the paper was discussed. There are two aims distinguished: informing GP's about the process of 'mongering disease and over-treatment' and the second is informing national- and European politicians about it. Suggestion of key messages to politicians were made (overdiagnosis, overprevention and overtreatment costs a lot of money, aging means declining of health and is as such unpreventable, exaggerating health risks may lead to too much anxiety among healthy people). The paper will be developed further by Luiz Miguel with examples. **The attendants are kindly requested to sent their comments and suggestions to Fritz-Georg Fark ([f-g-fark@bluewin.ch](mailto:f-g-fark@bluewin.ch)).** It will be discussed the next meeting.

**9. Uemo preventive activities papers to be revised** ([The Health of Adolescents and Young People 2004](#), [UEMO Consensus Document on Preventive Activities](#)). Ereik Bo Larssen agreed on the suggestion and will put them into the document for the next meeting.

**10. HPV Vaccination and other actual points** of interest in the field of prevention in Europe

- The chair concluded **HPV vaccination** is in just a small minority of the attended EU countries (UK, Slovenia) really in a National Program (paid for by the national governments). Some national governments (NL, Norway) will start a national program next year.
- GP role in **flu vaccination** (Paul Habets, NL). There is a report from the European Centre for Disease Prevention and Control (ECDC), about the percentage of people that get the yearly flu-vaccination in EU-countries. There are great differences in EU countries on this subject. That difference might be related to the GP involvement in the programs. It will be investigated and put on the agenda at the next meeting.
- **Skin cancer prevention:** national campaign in Germany seems to be a unique program.

**10. Any other business:** A overview of possible contact addresses for information and dissemination was distributed by the chair. Everyone is asked to sent suggestions for completion of the list to [f-g-fark@bluewin.ch](mailto:f-g-fark@bluewin.ch)

**11. Closing at 16.30**